

## **The Pathwork® Transformation Program First Year 4 x 4 Class 2009-2010**

“Self-realization means shedding the layers of error so that the real self, the divine, eternal inner being, comes to the fore. You can shed these layers of pain, error, confusion, and limitation only when you no longer run away from yourself; when you are willing to look at yourself as you really are instead of as you want to be; when you accept yourself in the moment, when you do not struggle against your temporary state, even though you understand its error.

This is the work you are doing on this path.” — *Pathwork Lecture 144*

### **The Course**

Students commit to this five-year program one year at a time. Each of the four weekends will focus on deepening conceptually and experientially into the wisdom central to the Pathwork. Students will find nourishment for their soul, and learn to open the heart while developing courage, trust, and skills to risk changing negative qualities into life-affirming assets.

### **The Teachers**

The teachers for the program will be Tom and Wendy Hubbard, Helpers in the Mid-Atlantic Region. In the past 16 years they have taught all levels of the Transformation Program at Sevenoaks, launched a new curriculum and graduated the first class of Advanced Pathwork Studies. They have taught Pathwork in Texas and internationally in Israel, Brazil and Italy. They created and run a successful technology business and have two sons and three grandsons.

### **Dates for Year One 4 x 4 Class 2009-2010**

October 30 - November 1, 2009; Friday 4 pm to Sunday 5 pm; January 14-18, 2010; Thurs. 8 pm to Mon. 2 pm; March 4-8, 2010; Thurs. 8 pm to Mon. 2 pm; June 17-21, 2010; Thurs. 8 pm to Mon. 2 pm.

### **Prerequisite and Requirements**

One or more prerequisite workshops are required during the year that you are applying to the program. Filling out an application form and an interview with a member of our faculty is required after attending a prerequisite workshop. The cost for this interview is \$50. Individual sessions with a Pathwork Helper are required during your time in the program. A minimum of 24 sessions are required during the year. If you do not have a Helper we will assist you in finding one in the interview. Cost of Helper sessions and reading materials are not included in the tuition cost.

### **Tuition for the First Year**

Cost is \$4000; this includes tuition and \$175 for full membership, the benefits of a workshop discount at Sevenoaks, invitations to member's events including Members' Weekend, and the richness of being a part of this community. The cost also includes all classes, room and board for four weekends, and administration, registration, mailings, and compensation for our faculty. \$500 deposit and signed contract are due on August 30, 2009.

### **Contact**

If you are interested in applying, please contact Karen Millnick at **540-948-5548** or [spiritpath@cstone.net](mailto:spiritpath@cstone.net) for an application package.

**Sevenoaks Retreat Center 403 Pathwork Way Madison, Virginia 22727 [www.sevenoakspathwork.org](http://www.sevenoakspathwork.org)**